

March is Coming – Let's Get Movin'!

We are a Movin' March School and are

participating in this month-

long active travel celebration. Movin' March is organised by Greater Wellington Regional Council and our local council. It's all about walking and wheeling to school and everyone can take part. Yes! Even if you live too far away to walk or bike, Movin' March can still work for you. Read on and use the links below to see how your family can take part.



Avoid the school run chaos:

Walking and wheeling as part of Movin' March is a great way to tap back into our glorious summer holiday again and make it as part of a new routine – whether it's once a day or once a month. We know fighting for parks at the school gate only adds to road safety worries, creates stress and children miss out on the exercise and buzz of walking or wheeling to school. We wrote a post about this [here](#) and we're interested in also hearing your story about how *you* beat the school run chaos. Your words could help inspire and motivate others.

Live too far away?

We realise that driving can sometimes be the most practical travel choice, especially if you live some distance away. That's where using our local Park and Stride (or Walking Pou) comes in. Using these means you can park a little further away from the school gate but avoid the pressure of finding a park at the school gate. It works for younger children who need that stepping stone before walking longer distances and older children relish the independence of getting there themselves, having some fresh air and catching up with friends. Check Greater Wellington Regional Council's [Park and Stride/Walking Pou](#) guide for more information. (Parents will either need to walk with children or check there is a safe route for older children walking alone or with friends.)

Students who walk or wheel get their [WOW Passport](#) stamped and full cards go in the draw to win one of six \$300 Avanti vouchers from *On Yer Bike*. Students can also take part in our design a [Poster Competition](#) to reflect the benefits of walking and wheeling. The regional winners will receive a **Panasonic Tough Camera!**

Our school will hold a [WOW Family Day](#) on Friday 16 March (PP Friday 23 March) where we invite all families to walk or wheel –whether it be from your nearby Park and Stride/Walking Pou or further away. Even if it's just once, give it a go on WOW Family day and be part of our celebration.

Parents also win: Every photo tells a story... We want to see as many photos as we can of your journey to school - however ordinary it may seem! All entries go into win a family pass to your favourite Wellington Wild Things destination. Go to our [Parent Photo Competition](#) page to find out more. Schools are also encouraged to share our Facebook [memes](#) and parent [resources](#).